
“First 1,000 Days of Life” Competition: Results

In issue 3 | 2013 of this magazine, we invited our readers to participate in our “First 1,000 Days of Life” Competition. This was in response to your requests, communicated to us in our 2013 Readership Survey, for opportunities to get more directly involved with *Sight and Life*.

We are delighted to announce the winners in the categories Photographs, Infographics and Drawings. Winners of third prizes will receive a book, winners of second prizes, a digital camera, and winners of first prizes, an iPad. No entries were received in the category Video.

A big thank-you goes to everyone who submitted entries. We have very much enjoyed reviewing them, and the final selection was not an easy one. Whether or not you participated in this particular competition, please do stay in touch with us. We always welcome your suggestions!

Photographs

1st Prize

Vittorio Oppizzi, consultant at GAIN

"This photo was taken in Ankober, Ethiopia, outside a health clinic supported by IPO (Increasing People Opportunities), an Italian organization of which I am a trustee."



2nd Prize

**James Mbarie, Communication Officer,
Macheo Children's Center, Kenya**

"I would like to meet new people and learn more about photography."

3rd Prize

**Anna-Marie Ball, Manager for Partnerships
and Strategic Alliances (Africa), HarvestPlus**

"All our work at HarvestPlus is about ensuring that mothers and children can get off to the right nutritional start – and in this photo, young Lydia is enjoying orange sweet potato with beans that are high in iron. A fabulous combination for her growing body!"



Infographics

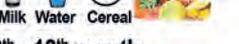
1st Prize

**Shobha Mocherla, Audio-Visual Producer,
Central Audio-Visual Unit (CAVU).**

LV Prasad Eye Institute, Hyderabad, India

"I believe that a turnaround in child health is possible by making nutrition channels available, accessible, affordable and acceptable primarily to women from the time they begin making decisions for the family. The importance of providing nutritive care to the girl child – the future child-bearer and breast-milk provider – needs to be sufficiently highlighted in any nutrition strategy, particularly one addressed to the Indian populace, which now exceeds one billion people."

My first 1000 days matter most

 <p>Maternal health care</p> 	<p>Exclusive Breastfeeding</p>  <p>for first 6 months</p>	<p>Poor feeding practices</p> <p>Water Cereal</p>   <p>Under nutrition</p>
<p>Healthy mother</p> 	<p>Continue Breastfeeding</p>  <p>Complementary feeding</p> <p>Water Cereal</p>  <p>from 6th - 12th month</p>	<p>Exclusive feeding on Water, Cereal</p>   <p>Malnutrition</p>
<p>Healthy mother</p> 	<p>Continue Breastfeeding</p>  <p>Complementary feeding</p> <p>Soft foods from all food groups</p> <p>Milk Water Cereal</p>  <p>from 12th - 18th month</p>	<p>Exclusive feeding on Water, Cereal</p>   <p>Wasting</p>
<p>Healthy mother</p> 	<p>Continue Breastfeeding</p>  <p>Soft foods All food groups</p> <p>Water Cereal Fortified foods</p> <p>Iron Zinc Vitamin A</p>  <p>from 18th - 24th month</p>	<p>Exclusive feeding on Water, Cereal</p>   <p>Stunting Anemia</p>

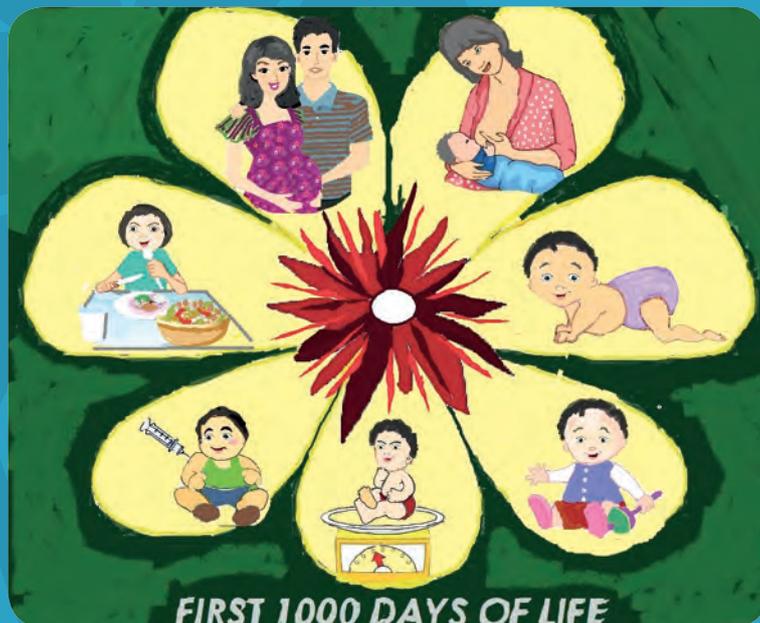
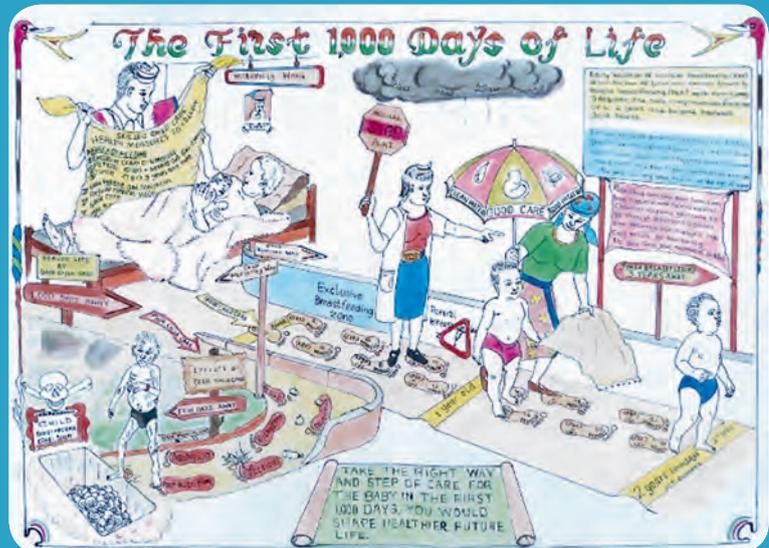
Ensure my lifelong health, immunity & brain development

Drawings

1st Prize

Edwin Momanyi, P1 Teacher and Vitamin Products Farmer, Nyamira, Kenya

"My main aim in entering this competition is to create awareness that the 1,000 days between a woman's pregnancy and her child's second birthday offer a unique window of opportunity to shape healthier and more prosperous futures. Good care during this period can have a profound impact on a child's ability to grow, learn, and rise out of poverty. It can also shape a society's long-term health, stability and prosperity."



2nd Prize

Disanayaka Chamathka Wimansi, Grade Six student, R/Sivali Central College, Hidellana, Rathnapura, Sri Lanka

"Our teacher taught us about the human life cycle from embryo to adulthood. She talked about the value of nutrition, immunization, sanitation, growth monitoring, and milestones. I was encouraged to enter this competition by my aunt."