Nutrient Profiling (NP): A 10-step road map for producing nutritious foods

**DRIVERS**

- Double burden of malnutrition
- Lack of food standards regulation (governing, for example, health claims)
- Government and private-sector reformulation schemes
- Development of government procurement guidelines for nutritious and healthy food

**STEPS TO DEVELOP AN NP MODEL**

1. Decide on the nutrient composition data
2. Decide whether the model should be across the board (all foods) or category specific ('best of class')
3. Select nutrients to limit
4. Select nutrients of public health concern
5. Address protein quality
6. Select nutrient standards
7. Select the basis used for calculation: per 100 g, 100 kcal, or serving size
8. Decide whether the NP models should be compensatory
9. Formulate the NP algorithm
10. Compare with other NP models using the same database

**OUTCOMES**

- Context-driven tool to support the production of nutritious food
- Support engagement of small and medium-sized enterprises at country level to produce nutritious food
- Increased availability of nutritious food
- Informed food choices
- Improved health and nutrition

**REFERENCES**